



NOVEMBER NEWSLETTER

KEY DATES FOR THE DIARY

REDLAND GREEN CLUB AGM - 26TH NOVEMBER

DO YOU FOLLOW OUR SOCIAL MEDIA PAGES?

WE UPDATE THEM EVERY FEW DAYS WITH UPCOMING EVENTS, RESULTS AND THE LATEST NEWS FROM THE CLUB.

CLICK ON THE LINKS BELOW TO FOLLOW US...



Upcoming Club Events

AGM



Official notice to follow but please save the date for the Annual General Meeting set to take place in the evening of 26th November 2024

SEASONAL OPENING HOURS



200 CLUB WINNERS

CONGRATULATIONS TO THIS MONTHS WINNERS

1st place - Sally Chan

2nd place - Robert Dawes

3rd place - John Ruddlesdin

4th place - David Metters

5th place - Lyn Frost

SQUASH & RACKETBALL

Junior Inter County Championships

I am pleased to share that on the 16th and 17th of November we are hosting the South West Junior Inter-County Championships. A great chance to watch some top juniors in action on court. This will impact the number of courts available to book and for our regularly scheduled sessions.

Squash performance training

A 60-minute group workout designed for racket sports athletes, to optimise their court performance and general health. This is a challenging, but fun session for athletes of all abilities, focusing on developing strength and mobility. So athletes can move better and take their game to the next level.

[Book Here](#)



ENGLAND squash | lansdown | REDLAND GREEN CLUB

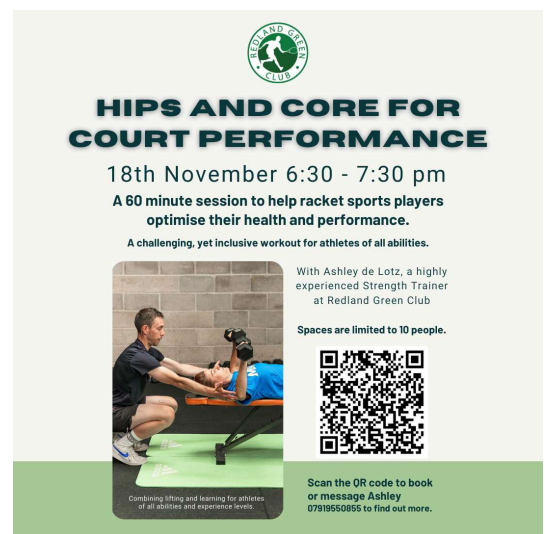
JUNIOR INTER COUNTIES SOUTH WEST

16TH-17TH NOVEMBER

THE LANSDOWN SQUASH CLUB, BA1 5TN
BU11, BU15, BU17, BU19 | 9AM BOTH DAYS

REDLAND GREEN CLUB, BS6 7HF
BU13, GU11, GU13, GU15, GU17 | 9AM BOTH DAYS

COUNTIES COMPETING: AVON, HAMPSHIRE, DEVON, CORNWALL, GLOUCESTERSHIRE, WALES, DORSET



REDLAND GREEN CLUB

HIPS AND CORE FOR COURT PERFORMANCE


18th November 6:30 - 7:30 pm

A 60 minute session to help racket sports players optimise their health and performance.


A challenging, yet inclusive workout for athletes of all abilities.

With Ashley de Lotz, a highly experienced Strength Trainer at Redland Green Club

Spaces are limited to 10 people.



Combining lifting and learning for athletes of all abilities and experience levels.



Scan the QR code to book or message Ashley 07919550895 to find out more.

TENNIS & PADEL



CHRISTMAS PADEL Tournament

Saturday 7th December

12 - 4pm

£10 per Team

sign up at reception

16 teams - 15 minute timed matches

MULLED
WINE

MINCE
PIES



SUPPORT THE CLUB WITH EASY FUNDRAISER

Help us to raise money for the Club through your everyday shopping! 🛒 🎁 🌱

We've registered Redland Green Club with [easyfundraising](#), which means over 7,500 brands will now donate to us for FREE every time you shop with them. It won't cost you any extra, the cost is covered by the brand!

[FIND OUT MORE HERE](#)

YOU DID IT!



Our club has topped the LTA's September PledgeBall league and won £500 to spend on any sustainability project. Members pledged to sustainable actions, like taking a reusable water bottle when you go to play or car sharing. Every pledge earned us points and we ended up smashing it! We're looking at the best way to spend the money and all suggestions are welcome.

Apart from the welcome cash win, we hope the Pledgeball success has raised awareness in the club of our commitment to become more sustainable and ethical. You may also have noticed the trial of Two Farmers crisps at the bar, a brand that comes top in many sustainability rankings. In big ways and small, we're making changes for a better future.